

## FRIDAY 1 WALKS

## MARINA WALKERS PROGRAMME

## APRIL - MAY 2018

Date	Walk	Ht./ Gain	Kms	Grade, Surf & Cond.	Time	Meeting Place & GPS Reference	Leader
<b>APR</b>							
Fri 6 <sup>th</sup>	Alenda Golf Chocolatera	343m/240m	11.5	9 MS MT R US LD	10.15	Leave A7 at CV847 / Alicante jct SP Aspe at 1 <sup>st</sup> rbt 3 <sup>rd</sup> exit, at 2 <sup>nd</sup> rbt 2 <sup>nd</sup> exit, at 3 <sup>rd</sup> rbt 2 <sup>nd</sup> exit then 300m N 38° 21.44' W 0° 39.935'	Bill & Wendy 622 378 756
Fri 13 <sup>th</sup>	Cabeza de la Sal (Salt Mountain)	895m/325m	11.5	10 R US MT LD	10.15	Aristides factory on right off CV840 4.5km NW of Alguena N38° 21 885' W 1° 1 927'	Ray & Sheila 653 323 125
Fri 20 <sup>th</sup>	El Sabinar	485m/285m	10.5	8 R US MT LD	10.15	Bar Balcon de Alicante A77 twds Alcoy leave M'wy SP AP7 peage at rbt take 2nd exit for 1 km N 38° 25 941' W 0° 33 192'	John & Kathryn 672 896 533
Fri 27 <sup>th</sup>	Marbled White Ridge (postponed from Feb)	540m/240m	10	8 R US MT X	10.15	Bar Mesia ent to Canalosa off CV845 east of Hondon de los Frailes N 38° 18 245' W 0° 56 230'	Paul & Marjorie 634 340 571
<b>MAY</b>							
Fri 4 <sup>th</sup>	La Romaneta Canteras	580m/275m	11.5	8 R US MT	10.15	C/Pk La Romaneta on CV834 2km NW of Romana N 38° 23 039' W 0° 54 256'	Les & Pat 722 273 461
Fri 11 <sup>th</sup>	Escotera	211m/260m	11	8 R US MT LD	10.15	BBQ area by church Ave Las Cantares south of Benejuzar N 38° 03 918' W 0° 49.817'	Bill & Wendy 622 378 756
Fri 18 <sup>th</sup>	JOINT WALK WITH FRIDAY 2						
Fri 25 <sup>th</sup>	Calablanque	150m/260m	11.5	8 US MT LD SA	10.15	Bar Rierpi Los Belones Nr La Manga jct 8 off RM12 N 37° 37 37' W 0° 46 792'	Les & Pat 722 273 461

***Both the Wednesday (3), Friday (1 & 2), and Sunday (1 & 2) walks are more strenuous than Wednesday (1 & 2) walks; please consult the programme before deciding if you are able to do them. Boots or non-slip footwear are essential. Sandals, flip-flops etc. can be dangerous on the rocky soil. Please bring plenty to drink, a whistle, personal first aid kit, SIP card EHC or Ins docs.***

Buy an up to date Michelin Zoom map to check road numbers

GRADES <> See Page 7 for Grading's table.

SURFACE <> MT (MOUNTAIN TRACK); R (ROAD); US (UNSURFACED ROAD); X (CROSS COUNTRY);

CONDITIONS <> ER (EXPOSED RIDGES); GE (GULLY EASY); GS (GULLY STEEP); LD (LOOSE DESCENT); Sa (SAND); SCR (SCRAMBLE); ST (STEEP); NR (NOT RECONNOITRED)

N.B. Time given is start time of walk. If you want coffee or toilet please come early. Cancelled if moderate rain at time of meeting.