

FRIDAY 1 WALKS
MARINA WALKERS PROGRAMME
APRIL - MAY 2023

Day	Date	Walk	Ht./ Gain	Kms	Grade, Surf & Cond.	Time	Meeting Place & GPS Reference	Leader
Apr								
Fri	7 th	Salt river to Black Rock	220m	8	8 US+MT+R	10.15	Bar Delphi Albatera on CV 873 twds Hondon N 38° 10' 56" W 0° 52' 15"	Tom & Theresa 44 7551216024
Fri	14 th	La Romaneta Canteras	580m/275m	11.5	9, MT+R+US,	10.15	Carpark La Romaneta on CV834 2km NW of La Romana N 38° 23' 02" W 0° 54' 15"	Dean 44 7974366392
Fri	21 st	Barbaroja	540/240 m	11.5	8 MT+R+US	10.15	Bar Forgon CV845 Hondon Frailles / Barbarroja N 38° 16' 18" W 0° 56' 29"	Bill 603105400
Fri	28 th	San Miguel Vistas	130/200 m	12	8,MT+US+LD+R	10.15	CV941 wasteground carpark opp school just before junc leaving S Miguel N 37° 58' 23" W 0° 47' 26"	Paul & Linda 676588431
May								
Fri	5 th	Montesol Vistas	200 m gain	8	8 R+MT+US+LD	10.15	Bar Montesol at r'about 2-3 km on CV84 Elche/Aspe road N 38° 18' 33" W 0° 44' 50"	Tom & Theresa 44 7551216024
Fri	12 th	Santa Pola Lighthouse	140/200m	11	8, M+US+R	10.15	Former boatyard carpark east end of Santa Pola seafront N 38° 11' 21" W 0° 32' 17"	Jane & Paul 600301997
Fri	19 th	Jacarilla Orange Groves	130/240m	8	8 R+MT+US	10.15	Bar Curro near Auntamiento Jacarilla CV920 turn right at lights in town centre N 38° 3' 43" W 0° 52' 5"	Jane & Lirio 622303309
Fri	26 th	La Marina Campo	120 m	10.5	9, MT+R+US+LD	10.15	Bar Estacion opposite health centre La Marina Urb N 38° 8' 5" W 0° 41' 12"	Tom & Theresa 44 551216024

Both the Wednesday 3 and Sunday walks are more strenuous; if you wish to do harder walks please check with the walk leader of your ability to do them.

Boots or non-slip footwear are essential. Sandals, flip-flops etc. can be dangerous on the rocky soil. Please bring plenty to drink, a whistle, personal first aid kit, SIP card EHIC r Ins

Buy an up to date Michelin Zoom map to check road numbers

GRADES <> See Page 7 for Grading's table.

SURFACE <> MT (MOUNTAIN TRACK); R (ROAD); US (UNSURFACED ROAD); X (CROSS COUNTRY);

CONDITIONS <> ER (EXPOSED RIDGES); GE (GULLY EASY); GS (GULLY STEEP); LD (LOOSE DESCENT); Sa (SAND); SCR (SCRAMBLE); ST (STEEP); NR (NOT RECONNOITRED)

N.B. Time given is start time of walk. If you want coffee or toilet please come early. Cancelled if moderate rain at time of meeting.

Walks are graded from 1 – 16 with 1 being the easiest and 16 the hardest

Walks graded 14, 15 & 16 are only for experienced and adequately equipped walkers.