

FRIDAY 1 WALKS
MARINA WALKERS PROGRAMME
December January 2023
******PLEASE NOTE ALL WALKS ARE SUBJECT TO CHANGE OR CANCELLATION DEPENDING ON AVAILABILITY OF LEADERS AND COVID 19 INFECTION RATES******

Day	Date	Walk	Ht./ Gain	Kms	Grade, Surf & Cond.	Time	Meeting Place & GPS Reference	Leader
DEC								
Fri	2 nd	DINNER DANCE* Beach Stroll El Pinet New	0/0	8	7 R+Sa	10.15	Bar Gallega Playa. 3 rd exit off last r'about at east end of La Marina Village. Follow down at fork turn right then right at junction. Last bar on right on front opp car park on El Pinet Beach N 38 ⁰ 0' 8 56" W 0 ⁰ 37' 51"	Bill & Wendy 603105400
Fri	9 th	Orito San Pascual	485/310m	10.5	9, MT+R+US +LD	10.15	Bar Nuevo Orito town centre CV831 off A31 N 38 ⁰ 22' 37" W 0 ⁰ 41' 18"	Tom & Theresa 4475512160 24
Fri	16 th	Marbled White Ridge	540/240m	10	8 MT+R+US+X	10.15	Bar Mesia entrance to Canolosa off CV845 east of Hondon de los Frailes N 38 ⁰ 18'15" W 0 ⁰ 56' 14"	Lyn 634345569
Fri	23 rd	NO WALKS... MERRY CHRISTMAS AND A HAPPY NEW YEAR						
Fri	30 th							
JAN								
Fri	6 th	THREE KINGS WALK Refreshments provided! Mince Pies & Mulled Wine	85/150m	10.5	7 R+MT+US+Sa	10.15	Rest El Bosque Animado (Los Altos) on r'about off N332 3.5km south of Guardamar N 38 ⁰ 2' 58" W 0 ⁰ 39' 35"	Jane & Lirio 622303309
Fri	13 th	Phoenician Ruin New	250 gain	8	8, MT+US+R+LD+ST	10.15	Crevillent Campsite N340 2km after junc CV90 N 38 ⁰ 14' 26" W 0 ⁰ 48' 44"	Tom & Theresa 4475512160 24
Fri	20 th	Parque Montana	360/265m	10	8 R+US+MT+LD	10.15	Bar Delphi, Albatera CV873 to Hondons N 38 ⁰ 10' 56" W 0 ⁰ 52' 15"	Paul & Linda 67658841
Fri	27 th	Zafra Circuit	730/340m	10.5	10, MT+R+US+LD	10.15	Bar Loli RHS heading south CV846 twds Aspe. From CV840 1 km twds Aspe on CV846 Novelda/Romana Rd N 38 ⁰ 21' 37" W 0 ⁰ 50' 55"	Dean 711009598

Both the Friday and Sunday walks are more strenuous; please consult the programme before deciding if you are able to do them.

Boots or non-slip footwear are essential. Sandals, flip-flops etc. can be dangerous on the rocky soil. Please bring plenty to drink, a whistle, personal first aid kit, SIP card EHIC r Ins

Buy an up to date Michelin Zoom map to check road numbers

GRADES <> See Grading's table.

SURFACE <> MT (MOUNTAIN TRACK); R (ROAD); US (UNSURFACED ROAD); X (CROSS COUNTRY);

CONDITIONS <> ER (EXPOSED RIDGES); GE (GULLY EASY); GS (GULLY STEEP); LD (LOOSE DESCENT); Sa (SAND); SCR (SCRAMBLE); ST (STEEP); NR (NOT RECONNOITRED)

N.B. Time given is start time of walk. If you want coffee or toilet please come early. Cancelled if moderate rain at time of meeting.

Walks are graded from 1 – 16 with 1 being the easiest and 16 the hardest

Walks graded 14, 15 & 16 are only for experienced and adequately equipped walkers.