

Date	Walk	Ht./ Gain	Kms	Grade, Surf & Cond.	Time	Meeting Place & GPS Reference	Leader
OCT							
Fri 5th	Cabezo de la Plata	320m/280m	11.5	9, MT+US	10.15	Bar Centro Municipal Cabezo de la Plata on RMF56 off RM301 & RM1 junc. N 37° 58.771' W 0° 59.486' N 37° 58' 46" W 0° 59' 29"	Les & Pat 722 273 461
Fri 2th	Marbled White Ridge	540m /240m	10	8, R US MT X	10.15	Bar Mesia entrance to Canolosa off CV845 east of Hondon de los Frailes N 38° 18' 245" W 0° 56' 230 N 38° 18' 15" W 0° 56' 14"	Lyn 634 345 569
Fri 9th	Quesada Link	103m / 190m	10.5	8, MT+R+US	10.15	Bar Tu Cantina mkt C/Pk by river east of Rojas N 38° 5.335' W 0° 42.997' N 38° 5' 20" W 0° 42' 59"	Peter & Janet 0044 7786 892 840
Fri 6th	The Lily Laundry	290m / 275m	11.5	9, US+MT	10.15	Bar Rierpe Los Belones Nr La Manga N 37° 37.37' W 0° 46.79' N 37° 37' 22" W 0° 46' 47"	Carol & Rod 0044 781 375 3126
NOV							
Fri 2nd	Cabezo Soler	100 m /180 m	11	8, R+MT+US	10.15	New Bridge carpark Rojas N 38° 5.351' W 0° 43.288' N 38° 5' 21" W 0° 43' 17"	Jane Crossley 600 301 997
Fri 9th	Casas del Senor Chinorlet	710m /230m	11	8, R+US+MT	10.15	Square Casa del Senor off CV83 Monovar to Pinoso N 38° 24.337' W 0° 57.193' N 38° 24' 20" W 0° 57' 11"	Mark & Lynn Leigh 0044 7754 85 7734
Fri 6th	Barbaroja Chicamo	540m / 240m	11.5	8, MT+R+US	10.15	Restrnt Forgon de los Frailes CV845 Hondon/Barbaroja Rd N 38° 16.293 W 0° 56.481 N 38° 16' 18" W 0° 56' 29"	Bill & Wendy 622 378 356
Fri 3rd	Coto de los Cuadros	230m /250m	11	8, MT+R+US	10.15	Santomera Services Westbound A7 N 38° 6.132' W 1° 2.138' N 38° 6' 08" W 1° 2' 08"	Paul & Marjorie 634 340 571
Fri 0th	Benejuzar 2 Tops	215m/280m	10.5	9, R+US+MT+LD	10.15	Church near BBQ area, Ave Los Canteres sth of Benejuzar N38 3.918 W 0 49.817 N 38° 3' 55" W 0° 49' 49"	Jane & Lirio 0044 7903 412 037

Both the Wednesday (3), Friday (1 & 2), and Sunday (1 & 2) walks are more strenuous than Wednesday (1 & 2) walks; please consult the programme before deciding if you are able to do them. Boots or non-slip footwear are essential. Sandals, flip-flops etc. can be dangerous on the rocky soil. Please bring plenty to drink, a whistle, personal first aid kit, SIP card EHIC or Ins docs.

Buy an up to date Michelin 123 Zoom map to check road numbers

GRADES <> See Page 9 for Grading's table.

SURFACE <> MT (MOUNTAIN TRACK); R (ROAD); US (UNSURFACED ROAD); X (CROSS COUNTRY);

CONDITIONS <> ER (EXPOSED RIDGES); GE (GULLY EASY); GS (GULLY STEEP); LD (LOOSE DESCENT); Sa (SAND); SCR (SCRAMBLE); ST (STEEP); NR (NOT RECONNOITRED)

N.B. Time given is start time of walk. If you want coffee or toilet please come early. Cancelled if moderate rain at time of meeting.