

Day	Date	Walk	Ht./ Gain	Kms	Grade, Surf & Cond.	Time	Meeting Place & GPS Reference	Leader
OCT								
Fri	2nd	La Canalosa Circuit	600m/220m	10.4	8, R US MT	10.15	Bar Mesia entrance to Canalosa CV843 east of Hondon Frailes, Monovar/Pinoso rd N38 18 15 W 0 56 14	Pat & Clive 698336398 or 635860545
Fri	9 th	Ofra de Almistech	700m/320m	10.5	9, MS R US X LD	10.15	Bodega Cerca west of Hondon Nieves N38 18 31 W 0 5119	Paul & Marjorie 0044 736 7101965
Fri	16 th	Crevillente Vista	400m/300m	10.0	MT LD ST	10.15	Crevillente Camp site N340 Crevillente 2k after junct CV90 N38 14 25 W 0 4844	Tom 0044 7551216024
Fri	23 rd	Alenda Golf (repeat...bad weather last time)	343m/240m	11.0	9 R MT US LD MS	10.15	Leave A7 at CV847 Alicante junc SP Aspe. 1 st r'about 3 rd exit 2 nd r'about st, 3 rd r'about 2 nd exit N 38 21 26 W 0 39 56	Bill & Wendy 603105400
Fri	30th	La Caseta	350m (some shade)	11.3	10, MS R US MT	10.15	Car park 2km NW of Romana on CV 834 N 38 23 02 W 0 54 15	John & Kathryn 672896533
NOV								
Fri	6th	Fuengar	600m/250m	11.0	9, R US MT ST LD	10.15	Bar Rincon de Blas north end of El Canton 4km north of Barbarroja on RM A30 twds Alguena N38 18 6 W0 58 57	Les & Pat 643423301
Fri	13 th	El Puntal Rail Truck	420m/260m	11.0	8 US MT LD	10.15	Rest Venta el Garruchal Km 8.5 on SanJavier/Murcia rd N37 54 23 W 1 3 9	Carol & Rod 0044 78137553126
Fri	20th	NO WALK...open to any offers. Please contact the co-ordinator jcabezuelo@yahoo.co.uk						
Fri	27 th	Castel La Mola	450m/260m	10.5	8,R+MT+US	10.15	Bar Los Molinos 300m on LHS from Novelda twds Castel CV832 N38 23 29 W 0 46 10	Jane & Lirio 0044 7903412037 or 622303309

Both the Wednesday (3), Friday (1 & 2), and Sunday (1 & 2) walks are more strenuous than Wednesday (1 & 2) walks; please consult the programme before deciding if you are able to do them. Boots or non-slip footwear are essential. Sandals, flip-flops etc. can be dangerous on the rocky soil. Please bring plenty to drink, a whistle, personal first aid kit, SIP card EHC or Ins docs.

Buy an up to date Michelin Zoom map to check road numbers

GRADES <> See Page 7 for Grading's table.

SURFACE <> MT (MOUNTAIN TRACK); R (ROAD); US (UNSURFACED ROAD); X (CROSS COUNTRY);

CONDITIONS <> ER (EXPOSED RIDGES); GE (GULLY EASY); GS (GULLY STEEP); LD (LOOSE DESCENT); Sa (SAND); SCR (SCRAMBLE); ST (STEEP); NR (NOT RECONNOITRED)

N.B. Time given is start time of walk. If you want coffee or toilet please come early. Cancelled if moderate rain at time of meeting.