

SUNDAY 2 WALKS		MARINA WALKERS PROGRAMME			APRIL - MAY 2018		
Date	Walk	Ht./ Gain	Kms	Grade, Surf & Cond.	Time	Meeting Place & GPS Reference	Leader
APR							
Sun 1 st	The Monk's trail	1049m/520m	13.5k	14 ST US MT R LD	09.45	Bar Karpa, Calle Castello de la Plana, Petrer N 38° 29.236' W 0° 46.621'	Keith Bayliss 666605032
Sun 8 th	Despenador	817m / 450m	12k	14 US MT ST LD,	09.45	Bar Karpa, Calle Castello de la Plana, Petrer N 38° 29.236' W 0° 46.621'	Eddie Stokes 648786708
Sun 15 th	Roca Roja	846m /350m	10k	14 R US MT	09.45	Repsol service Station CV83 Monovar to Pinoso N 38° 25.486' W 0° 56.404'	Keith Bayliss 666605032
Sun 22 nd	Pico de Aguilas (Indian Ridge)	449m / 400m	15k	15 ST SCR LD ER,	10.00	Bar Centro Municipal, Cabezo de la Plata, RM56 off RM301 & RM1 jct. N 37° 58.771' W 0° 59.486'	Martin Angus 669076819
Sun 29 th	Gran Alacant	300m/300m	18k	15 MT US X GS SCR	09.00	Community Health Centre, exit N332 Gran Alacant ,1 st rbt 3 rd exit,nr rbt 1 st exit N 38° 13.622' W 0° 31.397'	Eddie Stokes 648786708
MAY							
Sun 6 th	Rincon de los Tiesos	550m/392m	8k	14 ER MT SCR LD	09.00	Bar Delfi Alabatera on CV873 to Hondon N 38° 10.95' W 0° 52.25'	Keith Bayliss 666605032
Sun 13 th	Font de Vivants	1150m/600m	16.5k	15 US MT R ST,	09.00	Service station at entrance to Jijona from N340 N 38° 32.031' W 0° 30.285'	Keith Bayliss 666605032
Sun 20 th	Cabezo Redondo	860m/360m	8k	14 ST MT LD,	09.00	Bar Sabana N340 Orihuela / Santomera Rd N 38° 5.278' W 0° 58.549'	Martin Angus 669076819
Sun 27 th	TBA	Height m / Gain m	Lengt h	Grade, Surface, Conditions,	09.00	Meet point & co-ordinates N 0° 0.00' W 0° 0.00'	Leader Phone No

Anyone planning to attend a Sunday 2 walk for the first time should contact the walk co-ordinator in advance.

Buy an up to date Michelin Zoom map to check road numbers
 GRADES <> See page 7 for Grading's Table
 SURFACE <> R (ROAD); MT (MOUNTAIN TRACK); US (UNSURFACED ROAD); X (CROSS COUNTRY);
 CONDITIONS <> ER (EXPOSED RIDGES); GE (GULLY EASY); GS (GULLY STEEP); LD (LOOSE DESCENT); Sa (SAND); SCR (SCRAMBLE); ST (STEEP); NR (NOT RECONNOITRED)
 N.B. Time given is start time of walk. If you want coffee or toilet please come early. Cancelled if moderate rain at time of meeting.

Sorry, No Dogs are allowed on Sunday walks

Sunday walks are more strenuous; please consult the programme before deciding if you are able to do them. Boots or non-slip footwear are essential. Sandals, flip-flops etc. can be dangerous on the rocky soil. Please bring plenty to drink, picnic lunch, a whistle, personal first aid kit, SIP card, EHIC or Ins docs.