

Day	Date	Walk	Ht./ Gain	Kms	Grade, Surf & Cond.	Time	Meeting Place & GPS Reference	Leader Name	Tel Number
<b>Dec</b>									
Wed	5 <sup>th</sup>	Parque de Montana	300 m / 113 m	5	3, MT	10.30	Bar Delfi, Albatera CV873 to Hondon's N 38° 10.943' W 0° 52.243' N 38° 10' 56.75" W 0° 52' 14.80"	Rod Allen	643435032
Wed	12 <sup>th</sup>	La Mata Parque	48 m / 47 m	12.5	1,R+Sa+US	10.30	Visitors centre car par off the N332 at La Mata N 38° 1.479' W 0° 39.480' N 38° 1' 27.99" W 0° 39' 28.13"	Steve Davey	643435032
Wed	19 <sup>th</sup>	Rojales / Heradades	0 m / 0 m	9	1,US	10.30	New Bridge C/Pk, Rojales N 38° 5.351' W 0° 43.285' N 38° 5' 21.39" W 0° 43' 15.28"	Rod Allen	643435032
Wed	26 <sup>th</sup>	Guardamar / Rojales	7 m / 65 m	11	1, R+US	10.30	Wok Buffet C/pk Guardamar off N332. N 38° 5.64' W 0° 39.742' N 38° 5' 38" W 0° 39' 45"	Rod Allen	643435032
Wed									
<b>Jan</b>									
Wed	2 <sup>nd</sup>	Rojales / Benijofar	10 m / 27 m	8.5	1,R+US	10.30	New Bridge C/Pk, Rojales N 38° 5.351' W 0° 43.285' N 38° 5' 21.39" W 0° 43' 15.28"	Rod Allen	643435032
Wed	9 <sup>th</sup>	Agost Via Verde 1	10 m / 30 m	10	2,R+US	10.30	Bar Don Camilo Km10 CV820 Novelda/Agost rd. N 38° 25.92' W 0° 39.176' N 38° 55.46" W 0° 10.52"	Rod Allen	643435032
Wed	16 <sup>th</sup>	Rojales Lemon Groves	0 m / 14 m	9	2, R+US	10.30	New Bridge C/Pk, Rojales N 38° 5.351' W 0° 43.285' N 38° 5' 21.39" W 0° 43' 15.28"	Malcom Jones	966185758
Wed	23 <sup>rd</sup>	San Miguel Canal	139 m / 100 m	7	2,R+US	10.30	Ave de Levante, opp Ford garaje on CV95 San Miguel. N 37° 58.52' W 0° 46.73' N 37° 58' 31.57" W 0° 46' 44.12"	Steve Davey	643435032
Wed	30 <sup>th</sup>	Barbaroja	529 m / 172 m	12	4,R+US	10.30	Rest't Fogon on CV845 Hondon/Barbaroja rd N 38° 16.393' W 0° 56.481' N 38° 16' 18.13" W 0° 56' 29.67"	Rod Allen	643435032

**Both the Wednesday (3) ,Friday, Saturday and Sunday walks are more strenuous; please consult the programme before deciding if you are able to do them. Boots or non-slip footwear are essential. Sandals, flip-flops etc. can be dangerous on the rocky soil. Please bring plenty to drink, a whistle, personal first aid kit, SIP card EHIC or Ins doc.**

Blog address. <https://wednesday1walks.blogspot.com.es/>

Facebook "Marina Walkers"

Buy an up to date Michelin 123 Zoom map to check road numbers

GRADES <> See Page 9 for Grading's table.

SURFACE <> MT (MOUNTAIN TRACK); R (ROAD); US (UNSURFACED ROAD); X (CROSS COUNTRY );

CONDITIONS <> ER ( EXPOSED RIDGES); GE (GULLY EASY); GS (GULLY STEEP); LD (LOOSE DESCENT); Sa (SAND); SCR (SCRAMBLE); ST (STEEP); NR (NOT RECONNOITRED)

N.B. Time given is start time of walk. If you want coffee or toilet please come early. Cancelled if moderate rain at time of meeting.