

Date	Walk	Ht./ Gain	Kms	Grade, Surf & Cond.	Time	Meeting Place & GPS Reference	Leader
FEB							
Wed 2 nd	Sendero San Cristobal	500m / 600m	12	14, MT, LD+ ER+ ST+ SCR	10.00	Bar Ruiz at roundabout on N340 Orihuela/Santomera Rd. N 38° 5' 38" W 0° 57' 36"	Mike Ward 634 365 087
Wed 9 th	Pena Mighorn	1226m / 700m	10	14, MT, LD+ ER+ ST+ SCR	10.00	Xirau Services on A7 jct 482 SP Agost CV827 N 38° 29' 55" W 0° 36' 10"	Mike Ward 634 365 087
Wed 16 th	La Vella from south + Ridge	465m/833m	12	13,MT+X, LD+SCR+ST	10.00	Crevillente Camp Site N340 Crevillente "km after jct CV90. N 38° 14' 26" W 0° 48' 44"	Kevin Dale 0044 7311438269
Wed 23 rd	Carrascoy	1066m / 740m	15	13,MT, LD+SCR+,ST	10.00	Bar Perillas, Corvera on the RM601 N 37°49' 40.6" W 1°09' 36.2"	Dave Roe 686846374
MAR							
Wed 2 nd	Mont del Coto y Barranco de la Caseta (New)	987m / 556m	12	13,MT+X, SCR+ST	10.00	Bar El Mirador, la Romana off CV834 N 38° 22' 35" W 0° 53' 26.7"	Dave Roe 686846374
Wed 9 th	Sanctuario Pilar circular (New)	633m / 400m	13	12,MT, SCR+ST+LD	10.00	Origas garage on CV868 in Montepinar. N 38° 07' 09.1" w 0° 57' 12.1"	John Roberts 610570713
Wed 16 th	The Monks Trail (El Chocolate)	1049m / 609m	14.5	13,MT+,US, ER+GE+,LD+Sa+SC R	10.00	Bar Karpa, Calle Castello de la Plana, Petrer N 38° 29' 14.4" W 0° 46' 37.0"	Dave & Karen Cuthbert 666345637
Wed 23 rd	El Coto	914m / 580m	14.4	12,MT+US, ST+LD	10.00	Repsol Garage, ~5km after Pedrera on CV83 N 38° 25' 29.7" W 0°56' 24.2"	John Roberts 610570713
Wed 30 th	Columbares	647m / 580m	12	14,MT+X, SCR+ST+,LD	10.00	Rest ´t Venta el Garruchal 9km on F13, San javier / Murcia road N37° 54' 23" W1° 03' 09"	George Goodey 664125024

Both the Wednesday (3), Friday (1 & 2), and Sunday (1 & 2) walks are more strenuous than Wednesday (1 & 2) walks; please consult the programme before deciding if you are able to do them. Boots or non-slip footwear are essential. Sandals, flip-flops etc. can be dangerous on the rocky soil. Please bring plenty to drink, a whistle, personal first aid kit, SIP card EHIC or Ins docs.

Buy an up to date Michelin Zoom map to check road numbers

GRADES <> See Page 7 for Grading's table.

SURFACE <> MT (MOUNTAIN TRACK); R (ROAD); US (UNSURFACED ROAD); X (CROSS COUNTRY);

CONDITIONS <> ER (EXPOSED RIDGES); GE (GULLY EASY); GS (GULLY STEEP); LD (LOOSE DESCENT); Sa (SAND); SCR (SCRAMBLE); ST (STEEP); NR (NOT RECONNOITRED)