

Day	Date	Walk	Ht./ Gain	Kms	Grade, Surf & Cond.	Time	Meeting Place & GPS Reference	Leader
APR								
Fri	5 th	La Canolosa Circuit	247 m	8.5	9, R+US+MT+LD	10.15	Bar Mesia entrance to Canolosa CV843 east of Hondon Frailes N38 18.245 W 0 56.23 N 38° 18' 15" W 0° 56' 14"	Mark & Lynn 0044 775485 7734
Fri	12 th	"Hidden Valley" (Toro Negro) Joint walk Fri 2	380m/250m	10.7	8 US+MT	10.15	Lay by on CV847 1.3 k from A7/A31 junct twds Aspe N38 20.951 W 0 41.175 N 38° 20' 57" W 0° 41' 11"	Mark & Lynn 0044 775485 7734
Fri	19 th	Ofra de Almistec	700m/320m	10.5	9 R+US+MT+X+LD	10.15	Bodega Cerca west of Hondon Nieves N38 18.512 W 0 51.211 N 38° 18' 27" W 0° 51' 19"	Paul & Marjorie 634340571
Fri	26 th	Recorral Aquaduct Historico	100m/210m	10.5	8 US+MT	10.15	Recorral picnic area off ave Recorral on Quesada N38 4.417 W0 42.082 N 38° 4' 25" W 0° 42' 5"	Janet & Peter 0044 7786 892 840
MAY								
Fri	3 rd	Les Salinetes	540m/280m	10.2	9 GM+US+MT+LD	10.15	Park in carpark off junc 210 of A31 North of Novelda N 38° 26.005' W 0° 46.95' N38 26 08 W 0 46 57	Lyn 634345 569
Fri	10 th	Santa Pola Lighthouse (postponed from December)	140m/200m	12.0	8, R+US+MT	10.15	Boatyard cpk east end of Santa Pola seafront N38 11.348 W 0 32 256 N 38° 11' 27" W 0° 32' 13"	Jane & Paul 600 301 997
Fri	17 th	Las Evangelistas	685/365m	10.5	10, R+MT+US+LD	10.15	Bodega Cerca west of Hondon Nieves N38 18.512 W 0 51.211 N 38° 18' 27" W 0° 51' 19"	Carol & Rod 0044 781 375 3126
Fri	24 th	<u>Dinner Dance Day</u> JOINT WALK WITH FRIDAY 2						
Fri	31 st	Last walk of season... Castel de la Mola Refreshments included!	450m/260m	10.5	8 MT+R+US	10.15	Bar Los Molinos 300m on LHS from Novelda twds castel CV832 N38 23.484 W 0 46.16 N 38° 23' 29" W 0° 46' 10"	Lirio & Jane 622 30 33 09

Both the Wednesday (3), Friday (1 & 2), and Sunday (1 & 2) walks are more strenuous than Wednesday (1 & 2) walks; please consult the programme before deciding if you are able to do them. Boots or non-slip footwear are essential. Sandals, flip-flops etc. can be dangerous on the rocky soil. Please bring plenty to drink, a whistle, personal first aid kit, SIP card EHIC or Ins docs.

Buy an up to date Michelin Zoom map to check road numbers

GRADES <> See Page 7 for Grading's table.

SURFACE <> MT (MOUNTAIN TRACK); R (ROAD); US (UNSURFACED ROAD); X (CROSS COUNTRY);

CONDITIONS <> ER (EXPOSED RIDGES); GE (GULLY EASY); GS (GULLY STEEP); LD (LOOSE DESCENT); Sa (SAND); SCR (SCRAMBLE); ST (STEEP); NR (NOT RECONNOITRED)

N.B. Time given is start time of walk. If you want coffee or toilet please come early. Cancelled if moderate rain at time of meeting.