

Sunday 1 WALKS

MARINA WALKERS PROGRAMME

April / May 2024

Date	Walk	Ht./ Gain	Kms	Grade, Surf & Cond.	Time	Meeting Place & GPS Reference	Leader
April							
Sun 7 th	Tres Fuentes	950/486	14	12, MT+US+LD	10.15	Bar Route 66 on CV83 between Monovar & Pinoso. N 38° 25' 28.50" W 0 56'26.1"	Gordon&Trish 0044 7802748342
Sun 14 th	Pila	1265/400	13.2	12, MT+ST+US+RD	10.15	Bar El Cruce in Fortuna corner of T-423 & RM-A17 N 38 °10'56.9" W 01° 7'36.8"	Alex 651613335
Sun 21 st	Alt de Guisop	1235/490	11.5.	12, MT+LD+R+US	10.30	Hotel Car park Xorret de Cati Hotel, between Petrer & Castilla N 38° 31'09" W 0° 40'36"	Gordon&Trish 0044 7802748342
Sun 28 th	Sierra de la Aguilla (Orito)	570/271	10	11, MT+LD+US	10.15	Bar Nuevo, , Orito town centre N 38° 22'37" W 0° 41'18"	Karen & David 666345637
May							
Sun 5 th	Three Ramblas- Cuevas del Cigarron	313 gain	13	11, MT+US+X	10.15	Services Puerto Venta Dos, off A30 Jnc 155 South of Murcia N 37° 53'16" W 1° 8'11"	Penny & Carole 634332975
Sun 12 th	Vistas del Maigmo	850/300	12	11, US+LD+R+MT	10.15	Bar Casa Miguel,K10 on CV820, Novelda _ Agost N 38° 25'55" W 0° 39'18"	Val & Alan 0044 7708654828
Sun 19 th h	Rambla Salada	320/270	11.7	11, R+GE+LD	10.15	Bar at Repsol garage, K697 on N340 on right heading towards Orihuela on Orih-Albatera Rd N 38° 9' 55.7" W 00° 53' 40.6"	Noman 653454368
Sun 26 th	Cabezo Pasqual (King Kong)	580/415	12	11, MT+US+R	10.15	Rest 't Venta Garachel Km 8.5 on E13 off San Javier- Murcia Rd. N 37° 54'23.3" W 1° 03'08.9"	Karen & David 666345637

The Wednesday (3), walks are more strenuous than Sunday 1 walks; if you wish to do the harder walks please check with the walk leader your ability to do them
Boots or non-slip footwear are essential. Sandals, flip-flops etc. can be dangerous on the rocky soil. Please bring plenty to drink, a whistle, personal first aid kit, SIP card EHIC or Ins docs.

ALL MEASURMENTS ARE APPROXIMATE

Buy an up to date Michelin Zoom map to check road numbers
GRADES <> See Page 7 for Grading's table.
SURFACE <> MT (MOUNTAIN TRACK); R (ROAD); US (UNSURFACED ROAD); X (CROSS COUNTRY);
CONDITIONS <> ER (EXPOSED RIDGES); GE (GULLY EASY); GS (GULLY STEEP); LD (LOOSE DESCENT); Sa (SAND); SCR (SCRAMBLE); ST (STEEP); NR (NOT RECONNOITRED)