

Sunday 1 WALKS

MARINA WALKERS PROGRAMME

Dec 2024 – Jan 2025 Please note new start time

Date	Walk	Ht./ Gain	Kms	Grade, Surf & Cond.	Time	Meeting Place & GPS Reference	Leader
Decem							
Sun 1st	Cabezo del Alto	630/375	10.4	11, MT+R+LD+US+ST	10.00	Bar El Cortijo, on RM603,at Sangonera Verde,, South of Murcia N 37° 55'30.4" W 1° 13'37.3"	Karen & Dave 666345637
Sun 8th	El Beal, Fuente del Sapo & Mina los Matildas (New)	180/179	10.2	11, MT+US	10.00	Cafe bar La Parada, on RMF42 in El Beal N 37° 38'6.2" W 0° 50'32.4"	Penny 634332975
Sun 15th	Alcoreya Orito	458/322	12.4.	11, MT+LD+ST+US	10.00	Bar Nuevo, Orito town centre. N 38° 22'37" W 0° 41'18"	Alex 651613335
Sun 22 nd	Sierra Umbria – East (New)	412 gain	10	11, US+MT+LD	10.00	Bar El Mirador,on CV843 past La Romana 1 st roundabout rt next r' bout rt bar on left N 38° 22'35" W 0° 53'26.7"	Paul 676588431
Sun 29th	Cabezo de Hurchillo + Barranc Hondo & Arneva cross.	272/350	11	11, MT+R+LD+ST	10.00	Bar D´amor, Hurchillo cross roads,opp church,3km west of Bigastro N 38° 3'32.7" W 0° 55'23.5"	Dave .M. 639855801
Jan 25							
Sun 5th	La Matanza ridge + Orihuela Cross	470/496	9.6	12, MT+US+R+LD+ST	10.00	B.P. garage on La Matanza road. CV868 N 38° 7'9" W 0° 57'16.2"	Norman 653454358
Sun 12th	Sierra Corques	785/427	9.6	12, US+MT+ST+LD	10.00	Bar El Cruce, in Fortuna,corner of C3223 & MU17a N 38° 10'56.9" W 1° 7'36.8"	Helmut 0044 7767701384
Sun 19th	Via de Viaductos	455 gain	13.6	12, ER+US+X+MT*LD	10.00	Take CV847 Aspe-Alic road,just after 3km marker go under rail bridge and park just on left N 38° 20'37.7 W 0° 43'28.4	Karen & Dave 666345637
Sun 26th	Mythical Green Spot walk	372/327	15	11, MT+LD+R	10.00	Bar Montesol, at roundabout 2-3 km on CV84 Elche/Aspe rd. N 38° 18'33" W 0° 44'50"	Kath 688705544

The Wednesday (3), walks are more strenuous than Sunday 1 walks; if you wish to do the harder walks please check with the walk leader your ability to do them
Boots or non-slip footwear are essential. Sandals, flip-flops etc. can be dangerous on the rocky soil. Please bring plenty to drink, a whistle, personal first aid kit, SIP card EHIC or Ins docs.

ALL MEASURMENTS ARE APPROXIMATE

Buy an up to date Michelin Zoom map to check road numbers
GRADES <> See Page 7 for Grading's table.
SURFACE <> MT (MOUNTAIN TRACK); R (ROAD); US (UNSURFACED ROAD); X (CROSS COUNTRY);
CONDITIONS <> ER (EXPOSED RIDGES); GE (GULLY EASY); GS (GULLY STEEP); LD (LOOSE DESCENT); Sa (SAND); SCR (SCRAMBLE); ST (STEEP); NR (NOT RECONNOITRED)