

Sunday 1 WALKS

MARINA WALKERS PROGRAMME

Oct 2024 – Nov 2024 Please note new start time

Date	Walk	Ht./ Gain	Kms	Grade, Surf & Cond.	Time	Meeting Place & GPS Reference	Leader
Oct							
Sun 6th	Puerto de Albaterra (New)	625/347	12	11, MT+R+LD	10.00	"Rest Venteocho,Hondon de Frailes,on CV873 N 38° 16' 21" W 0° 55' 37"	Kath 688705544
Sun 13th	Cabezo de la Sal Y Cueva del Gigante (New)	890/410	10.5	11, MT+ST+LD	10.00	Bar La Avenida,(Pinoso),PI de la Constitucion,03650 N 38° 23' 55" W 1° 02' 30"	Paul 676588431
Sun 20th	Lavenderia Lily's Laundry from North	240/220	10.	11, MT+LD	10.00	Cafe bar La Parada,on RMF42 in El Beal N 37° 38' 6" W 0° 50j 32"	Penny 634332975
Sun 27th	Santomera Embalsa circuit	300/240	12	11, US+MT	10.00	Santomera Services, westbound on A7 motorway N 38° 6' 8" W 1° 2' 8"	Gordon & Trish 0044 7802748342
Nov							
Sun 3rd	Algameda Chica & Castillo Calera (New)	468/452	11.7	11, MT+US+R+LD+ST	10.00	Bar STOP , C.Peranino,Cartegena N 37° 36' 27.5" N 0° 59' 55.9	Karen & David 666345637
Sun 10th	Clot de Galvaney Extended (New)	300/250	11	11, US+MT	10.00	Carrer Albacete 67, Los Arenales Del Sol N 38° 14' 32" W 0° 31' 8" Coffee served if early	Bernt & Majus 0046 705228255
Sun 17th	Umbria	840/450	11	12, R+US+X+MT*LD	10.00	Bar Route 66, on CV83 , Monovar / Pinoso rd. N 38° 25' 28.50" W 0° 56' 26.1.	Alex 651613335
Sun 24th	El Cau ramble	359/305	11	11, MT+GE+US	10.00	Bar Borisa (bikers cafe), Nr.Km 13 on N325 Crevillente/Aspe road N 38° 18' 7" W 0° 47' 2	Norman 653454358

The Wednesday (3), walks are more strenuous than Sunday 1 walks; if you wish to do the harder walks please check with the walk leader your ability to do them
Boots or non-slip footwear are essential. Sandals, flip-flops etc. can be dangerous on the rocky soil. Please bring plenty to drink, a whistle, personal first aid kit, SIP card EHIC or Ins docs.

ALL MEASUREMENTS ARE APPROXIMATE

Buy an up to date Michelin Zoom map to check road numbers
GRADES <> See Page 7 for Grading's table.
SURFACE <> MT (MOUNTAIN TRACK); R (ROAD); US (UNSURFACED ROAD); X (CROSS COUNTRY);
CONDITIONS <> ER (EXPOSED RIDGES); GE (GULLY EASY); GS (GULLY STEEP); LD (LOOSE DESCENT); Sa (SAND); SCR (SCRAMBLE); ST (STEEP); NR (NOT RECONNOITRED)