

WEDNESDAY 2 WALKS
MARINA WALKERS PROGRAMME
DEC-JAN 2025

Date	Walk	Ht./ Gain	Kms	Grade, Surf & Cond.	T		Leader Name	Tel Number
DEC								
Wed 4 th	Benejuzar Ramble		8.5	7, MT+US	10.3	Church nr BBQ Area, Ave Las Cantares, South of Benejuzar N 38 3 55 W 0 49 49	Paul	676588431
Wed 11 th	Walk on the Wild Side	70m/60m	9	4, US	10.30	El Recoral Picnic Area off Ave del Recoral Quesada N 38 4 25 W 0 42 5	Clive	635860545
Wed 18 th	La Marina Valley Circuit	00m/150m	10	5, R+US	10.30	Bar Cherrini, Calle Mar Mediterraneo, Nr Lidle, San Fulgencio N 38 7 7 W 0 39 34	Geoff	698243884
Wed 25 th	No Walk							
JAN								
Wed 1 st	No Walk							
Wed 8 th	Cocoon	120m/90m	10	5, R+US	10.30	Bar Delphi, Albaterra on CV873 to Hondon N 38 10 56 W 0 52 15	Geoff	698243884
Wed 15 th	Colin's La Mata Ramble	20m/75m	11	5, Sa+US	10.3	Visitors C/pk La Mata Park off N332 La Mata N 38 1 28 W 0 39 28	Rod	628871715
Wed 22 nd	It's a Gas	120m/106m	10	5, R+US	10.3	Rest't Venta Vista Alegra Km 88,5 on N332 East of Santa Pola N 38 12 12 W 0 33 40	Clive	635860545
Wed 29 th	Lion King	300m/200m	11	7, R+US	10.30	Bar Montesol at R'bout 2-3Km on CV84 Elche/Aspe Rd N 38 18 33 W 0 44 50	Clive	635860545

Both the Wednesday (3) ,Friday, Saturday and Sunday walks are more strenuous; please consult the programme before deciding if you are able to do them.
Boots or non-slip footwear are essential. Sandals, flip-flops etc. can be dangerous on the rocky soil. Please bring plenty to drink, a whistle, personal first aid kit, SIP card EHIC r Ins doc

Buy an up to date Michelin Zoom map to check road numbers
GRADES <> See Page 7 for Grading's table.
SURFACE <> MT (MOUNTAIN TRACK); R (ROAD); US (UNSURFACED ROAD); X (CROSS COUNTRY);
CONDITIONS <> ER (EXPOSED RIDGES); GE (GULLY EASY); GS (GULLY STEEP); LD (LOOSE DESCENT); Sa (SAND); SCR (SCRAMBLE); ST (STEEP); NR (NOT RECONNOITRED)
N.B. Time given is start time of walk. If you want coffee or toilet please come early. Cancelled if moderate rain at time of meeting.