

**WEDNESDAY 2 WALKS**

**MARINA WALKERS PROGRAMME**

**FEBRUARY - MARCH 2023**

Date	Walk	Ht./ Gain	Kms	Grade, Surf & Cond.	Time	Meeting Place & GPS Reference	Leader Name	Tel Number
<b>FEB</b>								
Wed 1 <sup>st</sup>	River of Salt	340m/146	8	7, MT+US ,Sa+ST	10.3	Bar Delphi, Albatara on CV873 to Hondon N 38° 10' 56" W 0° 52' 15"	Clive	635860545
Wed 8 <sup>th</sup>	Benejuzar Ramble		8.5	7,MT+US	10.30	Church nr BBQ Area Ave Las Cantares, South of Benejuzr N 38° 3' 55", W 0° 49' 49"	Paul	676588431
Wed 15 <sup>th</sup>	Cocoon	120m/90m	10	5, R+US	10.30	Bar Delphi, Albatara on CV873 to Hondon N 38° 10' 56 " W 0° 52'15"	Geoff	698243884
Wed 22 <sup>nd</sup>	Eagles View	400m/250m	8	6. MT+US	10.30	Crevillente Camp Site N340 2km after jnct CV90 N 38° 14' 26" W 0° 48' 44"	Clive	635860545
<b>MAR</b>								
Wed 1 <sup>st</sup>	Elche Embalsa (NEW)		10	6, US+LD	10.30	Bar Montesol at rondabout 2-3km on CV84 Elche/Aspe Rd N 38° 18' 33" W 0° 44' 50"	Paul	676588431
Wed 8 <sup>th</sup>	Three Parks	20m/40m	8	5, MS+R+US+MT+X	10.30	Visitors Centre Car Park La Mata Park off N332 La Mata N 38° 1' 28" W 0° 39' 28"	Tony	669761487
Wed 15 <sup>th</sup>	Albetara Tres Pista	109m/80m	12	5, R+US	10.30	Bar Delphi, Albetara on CV873 to Hondon N 38° 10' 56" W 0° 52'15"	Geoff	698243884
Wed 22 <sup>nd</sup>	Collado de la Algueda	400m/200m	12	8, R+MT+US, LD+ST	10.30	Ayuntamiento C/park Hondon des los Fraillies CV873 N 38° 16' 21" W 0° 55' 37"	Dean	0044 7974366382
Wed 29 <sup>th</sup>	Rio Seco Circuit	160m/150m	8	5, US,LD	10.3	Bar Don Pepe, Plaza Florida, Pinar de Campoverde N 37° 54' 34" W 0° 50' 34"	Rod Loveday	628871715

Both the Wednesday (3) ,Friday, Saturday and Sunday walks are more strenuous; please consult the programme before deciding if you are able to do them.  
Boots or non-slip footwear are essential. Sandals, flip-flops etc. can be dangerous on the rocky soil. Please bring plenty to drink, a whistle, personal first aid kit, SIP card EHIC r Ins doc

Buy an up to date Michelin Zoom map to check road numbers  
GRADES <> See Page 7 for Grading's table.  
SURFACE <> MT (MOUNTAIN TRACK); R (ROAD); US (UNSURFACED ROAD); X (CROSS COUNTRY );  
CONDITIONS <> ER ( EXPOSED RIDGES); GE (GULLY EASY); GS (GULLY STEEP); LD (LOOSE DESCENT); Sa (SAND); SCR (SCRAMBLE); ST (STEEP); NR (NOT RECONNOITRED)  
N.B. Time given is start time of walk. If you want coffee or toilet please come early. Cancelled if moderate rain at time of meeting.