

Date	Walk	Ht./ Gain	Kms	Grade, Surf & Cond.	Time	Meeting Place & GPS Reference	Leader
<b>APR</b>							
Wed 3 <sup>rd</sup>	Castillo de la Asomada via Rambla de Cigarron	530/542	13	13,MT,US,X,GS,LDS CR	10.00	Rest't Venta el Puerta 2, Services off A30 juc 155 south of Murcia N 37 53' 5.3" W 1 8' 10.8"	Kevin 0044 7942380754
Wed 10 <sup>th</sup>	La Mitjana Circuit	640/440	11	12,LD,MT,US	10.00	Bar Delfi, Albetera on CV873 road to Hondons N 38 10' 57" W 0 52' 15"	John R 610570713
Wed 17 <sup>th</sup>	Sierra Salinas	1240/691	10	13,MT,US,GS,LD ,ST	10.00	Bar Pompei (Hijos), next to Dial a Prix, Pinoso. N 38 24' 14.16" W 1 2' 13"	Helmut 0044 7767701384
Wed 24 <sup>th</sup>	Forbidden Quarries of La Romana (NEW)	725/461	9	13,MT,R,X,LD,ST, SCR	10.00	Park half way along C/del Reclot, La Romana. Walk down to Centro Social to meet in bar in the main square. N 38 22' 09 W 0 53' 58 (Parking place)	Dave & Karen 666345637
Wed							
<b>MAY</b>							
Wed 1 <sup>st</sup>	Marmol (Cavafría Extended) (NEW)	952/510	15	13,MT,US,X,ST	10.00	Bar El Mirador On CV834 past La Romana 1st rabout turn R,next rabout turn R bar on L N 38 22' 35" W 0 53' 26.7"	John R 610570713
Wed 8 <sup>th</sup>	Reclot 2 tops	812/425	11.5	13,R,LD,SCR,	10.00	Bar El Mirador On CV834 past La Romana 1st rabout turn R,next rabout turn R bar on L N 38 22' 35" W 0 53' 26.7"	Alex 651613935
Wed 15 <sup>th</sup>	NO WALK						
Wed 22 <sup>nd</sup>	Agost El Ventos (NEW)	883/567	12.5	12,R,GE,LD,ST,X	10.00	Bar Casa Miguel, K10 on CV820 Novelda/Agost N 38 25' 55" W 0 39' 11"	Dave & Karen 666345637
Wed 29 <sup>th</sup>	La Azohia & Campillo de Adentro (NEW)	370/420	11.2	12,MT,US,ST,LD	10.00	Bar Cantina, Campillo de Adentro on RME23 N 37 34' 2' W 1 9' 18"	Dave Roe 686846374

**Both the Wednesday (3), Friday (1) and Sunday (1) walks are more strenuous than Wednesday (1 & 2) walks; please consult the programme before deciding if you are able to do them. Boots or non-slip footwear are essential. Sandals, flip-flops etc. can be dangerous on the rocky soil. Please bring plenty to drink, a whistle, personal first aid kit, SIP card EHIC or Ins docs.**

### ALL MEASUREMENTS ARE APPROXIMATE

Buy an up to date Michelin Zoom map to check road numbers

GRADES <> See Page 7 for Grading's table.

SURFACE <> MT (MOUNTAIN TRACK); R (ROAD); US (UNSURFACED ROAD); X (CROSS COUNTRY);

CONDITIONS <> ER (EXPOSED RIDGES); GE (GULLY EASY); GS (GULLY STEEP); LD (LOOSE DESCENT); Sa (SAND); SCR (SCRAMBLE); ST (STEEP); NR (NOT RECONNOITRED)