

Date	Walk	Ht./ Gain	Kms	Grade, Surf & Cond.	Time	Meeting Place & GPS Reference	Leader
FEB							
Wed 1 st	Pico del Aquilla	609m / 500m	10	15,MT,LD,SCR	10.00	Bar Purita, km681 on N340 Orihuela to Santomera N 38° 04' 49.9" W 0° 59' 58.6"	Mike Ward 634365087
Wed 8 th	Senda de la Gallers, El Coto	910m / 503m	14.5	13,MT,ST,US	10.00	Bar Route 66 on the CV83 between Monover & Pinoso N 38° 25' 28.5" W 0° 56' 26.1"	John Roberts 610 570 713
Wed 15 th	Miravete Puntarron Circuit	440m / 470m	14.5	12, MT,LD,R	10.00	Rest Venta el Garruchal KM8.5 on F13 off San Javier/Murcia Rd N 37° 54' 23.3" W 1° 3' 8.9"	Rod & Carol 0044 7813753126
Wed 22 nd	Twin Peaks	800m / 8560m	16	14,MT,US,LD,ST	10.00	Bar Delfi in Albatera on CV873 to Hondons N 38° 10' 56" W 0° 52' 15"	Kevin 0044 7942387054
MARCH							
Wed 1 st	La Vella from the south	839m/885m	13.5	15,ST,SCR,ER,LD	10.00	Crevillente Camp Site N340 2km after Jnct CV90 N 38° 14' 26" W 0° 48' 44"	Kevin 0044 7942387054
Wed 8 th	El Cid	1150m / 600m	10	12,US,MT	10.00	Bar Karpa,C/Castello de la Plana,Petrer N 38° 29' 14.4" W 0° 46' 37.1"	Karen & David +44 7465435230
Wed 15 th	Reclot Complete	10600m /650m	12.5	13MT,LD,SCR	10.00	Bar Mirador, off CV834 just past La Romana, 1st about turn R, 2nd about turn R bar on left. N 38° 22' 35' W 0° 53' 26.7"	Alex 651 613 935
Wed 22 nd	Portman and the Guns	312m/470m	13.2	12,MT,R,US,LD,ST	10.00	Brasera Garnacha,exit m12 AT La Manga r'bout take c/Mayor Los Belones, N 37° 37' 22.9" W 0° 46' 50.9"	Dave 639 855 801
Wed 29 th	Monk's Walk	1049m/609m	14.7	12,MT,US,ER,GE,LD, Sa,SCR	10.00	Bar Karpa c/castello de la plana, Petrea N 38° 29' 14.4" W 0° 46' 37.1"	Karen & David +44 7465435230

Both the Wednesday (3), Friday (1) and Sunday (1) walks are more strenuous than Wednesday (1 & 2) walks; please consult the programme before deciding if you are able to do them. Boots or non-slip footwear are essential. Sandals, flip-flops etc. can be dangerous on the rocky soil. Please bring plenty to drink, a whistle, personal first aid kit, SIP card EHIC or Ins docs.

ALL MEASUREMENTS ARE APPROXIMATE

Buy an up to date Michelin Zoom map to check road numbers

GRADES <> See Page 7 for Grading's table.

SURFACE <> MT (MOUNTAIN TRACK); R (ROAD); US (UNSURFACED ROAD); X (CROSS COUNTRY);

CONDITIONS <> ER (EXPOSED RIDGES); GE (GULLY EASY); GS (GULLY STEEP); LD (LOOSE DESCENT); Sa (SAND); SCR (SCRAMBLE); ST (STEEP); NR (NOT RECONNOITRED)