

Date	Walk	Ht / Gain	Kms	Grade, Surf & Cond.	Time	Meeting Place & GPS Reference	Leader	Phone No
OCT								
Wed 5 th	EL Canton Quarries	782m / 345m	9.3	12,MT+US, L+,SCR+ST	10.00	Rest Fogon CV845 Hondon de los Frailes N38° 16' 18" W0° 56' 29"	Dave Moore	639855801
Wed 12 th	Monkey Ridge	656m / 411m	13.4	13, M+,US, LD+ST+SCR	10.00	Garrachel Restaurant KM 8.5 on F.13 San Javier to Murcia road N37° 54' 23.3" W1° 03' 08.9"W	Karen & David	0044 7465435230
Wed 19 th	Azohia	371m / 631m	11.4	13, MT X+SCR+ST	10.00	Bar La Zohia at end of La Azohia N37 33' 11.8" W1 10' 10.8"	Dave Roe	686 846 374
Wed 26 th	La Vella South	0839m / 885m	13.25	15, ST+SCR+E+,LD	10.00	Crevillente Camp Site N340 2km after Jnct CV90 N38 14' 26" W0 48' 44"	Kevin Dale	0044 7311438269
Wed								
NOV								
Wed 2 nd	Roca Roja from La Romaneta	846m / 484m	13.6	13, MT+R+US, MT+X	10.00	Bar El Mirador, La Romana off CV834 N38 22' 35" W0 53' 26.7"	Peter Brent	0044 7966293448
Wed 9 th	Pico Orihuela	632m / 600m	12.5	15, MT, LD+SCR+ST	10.00	Origas Garage, Montepinar/La Matanza Rd CV868 N38 7' 9" W0 57'16"	Peter Brent	0044 7966293448
Wed 16 th	NO WALK - CALPE							
Wed 23 rd	Sierra Pedrisses	843m / 460m	13	13, R+MT+X, ER+LD	10.00	Bar El Mirador at ent to Eagles Nest, San Miguel/Villa Martin Rd N38 22' 35" W0 53' 26.7"	Carol & Rod	711 023 933
Wed 30 th	Escombreros	237m / 420m	12	12, M+,+,US, LD+ST	10.00	Cafe at Cala Cortina on CT33 Cartagena – Port Santa Lucia road. N37 34' 54.9" W0 58' 30.0"	Penny Budgen	634 332 975

Both the Wednesday (3), Friday (1 & 2), and Sunday (1 & 2) walks are more strenuous than Wednesday (1 & 2) walks; please consult the programme before deciding if you are able to do them. Boots or non-slip footwear are essential. Sandals, flip-flops etc. can be dangerous on the rocky soil. Please bring plenty to drink, a whistle, personal first aid kit, SIP card EHC or Ins docs.

ALL MEASUREMENTS ARE APPROXIMATE

Buy an up to date Michelin Zoom map to check road numbers

GRADES <> See Grading's table.

SURFACE <> MT (MOUNTAIN TRACK); R (ROAD); US (UNSURFACED ROAD); X (CROSS COUNTRY);

CONDITIONS <> ER (EXPOSED RIDGES); GE (GULLY EASY); GS (GULLY STEEP); LD (LOOSE DESCENT); Sa (SAND); SCR (SCRAMBLE); ST (STEEP); NR (NOT RECONNOITRED)